



ROOT CANAL POST INTRUCTIONS

A root canal treatment can sometimes take multiple appointments to finalized. After each appointment avoid eating or chewing on the side where the treatment was done until the numbness of the anesthetic is completely gone.

It's not uncommon to experience some type of discomfort for several days on the tooth where the treatment was completed. A dull ache pain may appear right after a root canal is performed. These symptoms should subside in a couple of days; tenderness on the area is also very common.

To control discomfort, take pain medication as recommended by your dentist. If antibiotics are prescribed, continue to take them for the indicated length of time, even if all symptoms and signs of infection are gone.

If you were not prescribed a pain medication by us but are experiencing pain after your appointment, we recommend taking over the counter pain medication. We recommend ibuprofen (Motrin, Advil, Nuprin) or naproxen (Aleve, Anaprox). Should you experience discomfort that cannot be controlled with pain medications or should swelling develop, please call our office.

To further reduce pain and swelling, rinse three times a day with warm salt water; dissolve a teaspoon of salt in a cup of warm water, then rinse, swish, and spit. It's important to continue to brush and floss normally.

Usually, the last step after root canal treatment is the placement of a crown on the tooth. A crown covers and protects the tooth from breaking in the future. Unless otherwise noted by the dentist, it is critical to have a crown placed on your root canal therapy treated tooth as soon as possible.

Delay in obtaining final restoration (crown) may result in fracture and/or possible loss of the tooth.

If your bite feels uneven, you have persistent pain, or you have any other questions or concerns, please call Aqua Dental.